



WUFC 2026 Training Roster



	Squad	Training Days	Training Zones (refer Map)	Coach
Seniors	Womens Div 1	Monday (Preseason) 6:00pm - 7:30pm	1A - 1D	Mick Raisbeck
		Wednesday 6:00pm - 7:30pm	1A - 1D	
	Mens Div 1	Tuesday 6:30pm - 7:00pm (warm up) 7:00-8:30pm	1E - 1H 1A - 1D	Carl Haddow
		Thursday (Pre-season only) 6:30pm - 8:30pm	1A - 1D	
	Mens Div 2	Tuesday 6:30pm - 7:00pm (warm up) 7:00-8:30pm	1E - 1H 1A - 1D	Craig Perfect
		Thursday (Pre-season only) 6:30pm - 8:30pm	1A - 1D	
Junior Competitive	U15 FQPL	Tuesday 5:45pm - 7:00pm	1A - 1D	Charlie Melville
	U15 Div 1	Thursday 5:00pm - 6:00pm	2F, 2H	Joe McGhie
	U14/13 Div 1	Tuesday 5:00pm - 6:00pm	1E - 1H	Joe Ford
		Thursday 5:00pm - 6:00pm	2E, 2G	
Miniroos	U12	Thursdays 5:00pm - 6:00pm	2A	Miniroos Coaching allocations TBC
	U12/13 Girls		1H	
	U11		2B, 2D	
	U10		2C	
	U8/9 Girls		1F	
	U9		1E, 1G	
	U8		1B, 1D	
	U7		1A, 1C	
	U6		PB	
	U5		PA	



WUFC 2026 Training Zones

