

SESSION EIGHT.

FUN FOOTBALL GAME: GET IT BACK



- Split players into two equal teams and number off
- When the facilitator calls out a number, for example number 2, the players battle for the ball in front of them
- Player that gets the ball runs back to score in goal to receive 1 point for their team
- First team to 10 points wins
- **CHANGE IT:** Call out 2 numbers at a time and/or change the distances between players and the ball
- **YOUR ROLE:** Stimulate competition and winning mentality

SMALL-SIDED GAME (WITH VARIATION)



- Set up an area 15m x 25m and place one mini-goal on each end line as shown
- Normal game, 1 point for a goal
- **VARIATION:** A goal is worth 3 points if a different player scores the next goal for their team
- **CHANGE IT:** Create one or two games depending on size of group
- **YOUR ROLE:** Encourage all children to get on the ball. Praise desired actions (e.g. scoring a goal, running with the ball) without stopping the game