

SESSION EIGHT.

PHYSICAL LITERACY GAME: PARTNER TAG



- Pair players together with one having a ball at their feet and one without
- The player without the ball will be the “tagger” and will attempt to tag their partner who is running with the ball
- If successful, the players switch roles and the previous “tagger” is now running with the ball. Repeat sequence.
- **CHANGE IT:** Rotate partners every 2 minutes. Try to pair players based on their ability.
- **YOUR ROLE:** Praise and encourage desired actions (e.g. running with the ball at speed)

SMALL-SIDED GAME



- Set up an area 15m x 25m and place one mini-goal on each end line as shown
- Normal game, 1 point for a goal
- All players involved to encourage more touches on the ball
- **CHANGE IT:** Create one or two games depending on size of group
- **YOUR ROLE:** Let them play!